



## **AUSTRALIAN PROFESSIONAL SKATERS' ASSOCIATION INC. LEVEL 0 ACCREDITATION**

**PURPOSE - To equip coaches with the skills and knowledge necessary to coach the Aussie Skate Learn to Skate program.**

### **1. Level 0 Accreditation**

Level 0 Figure Skating accreditation is a recognised level of accreditation within the National Coaching Accreditation Scheme (NCAS) through the Australian Sports Commission (ASC).

It is both approved and regulated by the Australian Sports Commission.

Ice Skating Australia Inc. (ISA) is the recognised National Sporting Organisation (NSO) for Figure Skating and Australian Professional Skaters' Association Inc. (APSA) is the recognised coach education provider for Figure Skating.

You must be 16 years of age or over and display a satisfactory level of maturity to be accepted into the Level 0 accreditation program. On completion, you will receive an official Level 0 Coaching card from the ASC.

### **2. Who will you be qualified to coach?**

Level 0 Accreditation will qualify you to coach the Skating School group classes in your rink. The course will be based on ISA's Aussie Skate Learn to Skate program. You will not be qualified or accredited to coach private lessons.

### **3. Two Courses are required for Level 0 Accreditation**

#### **Community General Principles**

The ASC is the course provider of the Community General Principles of Coaching Course.

The Community General Principles course must be completed and passed before the Sports Specific course may be undertaken.

This course takes about 6 hours and can be completed online through the ASC website [www.ausport.gov](http://www.ausport.gov) You will be required to hand in a copy of your certificate with the Level 0 Course application form before you commence the Sports Specific course.

### **Sports Specific Course**

APSA is the course provider of the Sports Specific component of Level 0 accreditation, which is both an on ice and off ice course covering the basics of coaching Aussie Skate Classes. The course will follow the syllabus of the ISA Aussie Skate Learn to Skate program.

It is hosted by an APSA Affiliated State Member Associations (QPSA, NSWPSA, VPSA and WAPSA).

You will receive a certificate from APSA on successful completion of this course.

### **4. Sports Specific Course Fees**

The cost of the Sports Specific course will include the following:

- Presentation of the modules necessary to complete the course
- Ice Rink and classroom entry
- Required text for the course – Aussie Skate Coaching Manual and DVD
- Registration Fee with the Australian Sports Commission.

### **5. Minimum test level: ISA Elementary Pattern Test and ISA Elementary Technical (Free Skating)**

You will need to supply a copy of your ISA Test Certificate/s showing a minimum level of ISA Elementary Pattern Test and ISA Elementary Technical (Free Skating).

If you have completed your own skating in another country, you will need to prove equivalency at this level.

### **6. APSA Membership**

Participants must be members of an APSA State Member in the Junior Coach category, to commence coaching in a Skating School Program.

An application form for membership will be provided by the APSA Affiliated State Member. The annual membership, affiliation and insurance fee will be for the following:

- Administration of the registration of your accreditation with the ASC
- Administration of the re-registration of your accreditation, which is necessary every four years. (A fee of \$20 is payable)
- Administration of your updating points that are required to maintain your Level 0 accreditation.
- Organisation of APSA events to be able to earn your update points. APSA provides seminars, workshops, conferences and other events for its members.
- Insurance for coaching through APSA's policy.

Please note – Membership and Insurance fees will be renewable annually on the 1<sup>st</sup> July.

### **7. ISA Membership**

Participants must be current financial members of Ice Skating Australia through their affiliated State Member.

### **8. Working With Children Police Check**

Participants over the age of 18 must supply a Certificate showing that a police check has been conducted for the purposes of Working with Children, according to the laws of the state in which you live. The cost and procedures to obtain a certificate will vary between each state in Australia.

### **9. Update Points**

The ASC requires coaches of all levels and all sports to continue their learning within their sport. Level 0 accredited Figure Skating Coaches will be required to earn a minimum of 5 points per calendar year to maintain their accreditation. The following events will qualify as updating activities for Level 0 coaches:

- Attending an Aussie Skate competition as a helper / marshal etc. Standing in on an Aussie Skate/Skate School Class taught by an APSA approved mentor coach.
- Attendance at a skating school meeting in relation to the classes, testing, coaching standards etc.
- Attendance at a coaching course, seminar or workshop provided by APSA / ISA (as listed on the APSA website)

Update points must be logged and submitted to the APSA Update Officer in your state.

### **10. Professional Liability and Indemnity Insurance**

All APSA affiliated Junior Coaches completing the set requirements and having qualified for Level 0 accreditation will be covered under APSA's insurance policy whilst coaching group classes.

### **11. ASC Coaches Code of Behaviour / APSA Code of Ethics**

An APSA Junior Coach must maintain a professional image at all times. This is easily accomplished if the coach maintains a professional attitude in the way they dress, speak to others at the rink, conduct their classes and present themselves as a role model for the skaters.

All Junior Coaches will be expected to abide by the ASC's Code of Behaviour and APSA's Code of Ethics.